



BENJAMINS GARCONS



TABLE de COTATION ESTIVALE 2008 - 2012

| | 50 M. Electrique | 50 M. Manuel | 100 M. Electrique | 100 M. Manuel | 1 000 M. | 50 M. Haies 0.65 Elect. | 50 M. Haies 0.65 Man. | 200 M. Haies 0.76 Elect. | 200 M. Haies 0.76 Man. | Hauteur | Perche | Longueur | Triple Saut | Poids 3 Kg | Disque 1 Kg | Marteau 3 Kg | Javelot 0,5Kg | 4 x 60 Elect. | 4 x 60 Man. | |
|----|---------------------|-----------------|----------------------|------------------|----------|----------------------------|--------------------------|-----------------------------|---------------------------|---------|--------|----------|-------------|---------------|----------------|-----------------|------------------|------------------|----------------|----|
| 45 | 6s51 | 6s3 | 12s10 | 11s9 | 2mn44s59 | 7s68 | 7s4 | 27s30 | 27s2 | 1m79 | 3m80 | 6m23 | 12m62 | 15m16 | 42m08 | 60m82 | 49m26 | 29s80 | 29s7 | 45 |
| 44 | 6s57 | 6s4 | 12s21 | | 2mn47s60 | 7s71 | | 27s56 | 27s4 | 1m73 | 3m58 | 6m08 | 12m32 | 14m38 | 39m30 | 56m70 | 46m23 | 30s42 | 30s1 | 44 |
| 43 | 6s63 | | 12s23 | 12s0 | 2mn50s00 | 7s74 | 7s5 | 27s83 | 27s7 | 1m69 | 3m39 | 5m93 | 12m08 | 13m73 | 37m38 | 53m05 | 43m50 | 30s91 | 30s5 | 43 |
| 42 | 6s69 | 6s5 | 12s25 | | 2mn52s20 | 7s78 | | 28s10 | 27s9 | 1m66 | 3m26 | 5m79 | 11m90 | 13m29 | 35m54 | 49m86 | 41m72 | 31s27 | 30s9 | 42 |
| 41 | 6s75 | | 12s27 | | 2mn53s21 | 7s81 | 7s6 | 28s37 | 28s2 | 1m64 | 3m13 | 5m64 | 11m73 | 12m97 | 34m19 | 47m04 | 40m55 | 31s54 | 31s3 | 41 |
| 40 | 6s81 | 6s6 | 12s28 | 12s1 | 2mn54s90 | 7s85 | | 28s64 | 28s5 | 1m63 | 3m03 | 5m50 | 11m59 | 12m70 | 33m20 | 44m65 | 39m86 | 31s70 | 31s7 | 40 |
| 39 | 6s83 | | 12s29 | | 2mn55s90 | 7s87 | | 29s00 | 28s8 | 1m62 | 2m95 | 5m46 | 11m50 | 12m50 | 32m50 | 42m75 | 39m38 | 31s92 | 31s8 | 39 |
| 38 | 6s85 | 6s7 | 12s30 | 12s2 | 2mn56s80 | 7s90 | 7s7 | 29s36 | 29s2 | 1m61 | 2m87 | 5m43 | 11m38 | 12m24 | 31m79 | 40m86 | 39m17 | 32s03 | 31s9 | 38 |
| 37 | 6s87 | | 12s31 | | 2mn58s10 | 7s93 | | 29s72 | 29s5 | 1m60 | 2m79 | 5m39 | 11m26 | 12m08 | 31m36 | 39m22 | 38m50 | 32s15 | 32s0 | 37 |
| 36 | 6s89 | 6s8 | 12s36 | 12s3 | 2mn59s70 | 7s96 | 7s8 | 30s08 | 29s9 | 1m58 | 2m74 | 5m36 | 11m16 | 11m86 | 30m60 | 37m40 | 37m96 | 32s21 | 32s1 | 36 |
| 35 | 6s92 | | 12s44 | | 3mn00s58 | 7s98 | | 30s56 | 30s4 | 1m57 | 2m69 | 5m34 | 11m00 | 11m64 | 29m83 | 35m71 | 37m19 | 32s35 | 32s2 | 35 |
| 34 | 6s96 | | 12s54 | 12s4 | 3mn02s10 | 8s00 | 7s9 | 31s05 | 30s9 | 1m55 | 2m63 | 5m33 | 10m84 | 11m31 | 29m00 | 34m22 | 36m20 | 32s50 | 32s3 | 34 |
| 33 | 7s04 | 6s9 | 12s65 | 12s5 | 3mn03s84 | 8s14 | 8s0 | 31s57 | 31s4 | 1m53 | 2m56 | 5m20 | 10m68 | 11m06 | 28m00 | 32m39 | 35m07 | 32s67 | 32s5 | 33 |
| 32 | 7s09 | | 12s80 | 12s6 | 3mn05s80 | 8s17 | 8s1 | 31s95 | 31s8 | 1m51 | 2m50 | 5m14 | 10m52 | 10m73 | 26m87 | 30m63 | 33m71 | 32s82 | 32s6 | 32 |
| 31 | 7s15 | 7s0 | 13s00 | 12s7 | 3mn08s00 | 8s21 | 8s2 | 32s33 | 32s2 | 1m49 | 2m43 | 5m09 | 10m32 | 10m43 | 25m94 | 28m94 | 32m16 | 33s06 | 32s8 | 31 |
| 30 | 7s21 | 7s1 | 13s20 | 12s8 | 3mn10s20 | 8s25 | 8s3 | 32s71 | 32s6 | 1m46 | 2m37 | 5m04 | 10m15 | 10m06 | 24m68 | 27m45 | 30m56 | 33s26 | 33s0 | 30 |
| 29 | 7s35 | 7s2 | 13s41 | 13s0 | 3mn13s10 | 8s47 | 8s4 | 33s12 | 33s0 | 1m44 | 2m31 | 4m82 | 9m94 | 9m63 | 23m29 | 25m82 | 28m91 | 33s56 | 33s3 | 29 |
| 28 | 7s49 | 7s3 | 13s63 | 13s3 | 3mn15s70 | 8s69 | 8s6 | 33s53 | 33s4 | 1m41 | 2m24 | 4m60 | 9m74 | 9m30 | 22m08 | 24m50 | 27m27 | 33s86 | 33s7 | 28 |
| 27 | 7s63 | 7s4 | 13s89 | 13s6 | 3mn18s60 | 8s91 | 8s8 | 33s94 | 33s8 | 1m38 | 2m18 | 4m38 | 9m51 | 8m81 | 20m98 | 23m12 | 25m50 | 34s08 | 34s0 | 27 |
| 26 | 7s77 | 7s5 | 14s11 | 13s9 | 3mn21s20 | 9s13 | 8s9 | 34s35 | 34s2 | 1m35 | 2m11 | 4m16 | 9m31 | 8m42 | 19m84 | 21m90 | 23m97 | 34s39 | 34s4 | 26 |
| 25 | 7s91 | 7s6 | 14s34 | 14s3 | 3mn24s50 | 9s36 | 9s2 | 34s76 | 34s6 | 1m32 | 2m05 | 3m95 | 9m11 | 8m05 | 18m76 | 20m61 | 22m18 | 34s73 | 34s8 | 25 |
| 24 | 7s99 | 7s7 | 14s57 | 14s4 | 3mn27s90 | 9s52 | 9s3 | 34s98 | 34s8 | 1m29 | 1m99 | 3m88 | 8m88 | 7m68 | 17m82 | 19m50 | 21m00 | 34s96 | 35s0 | 24 |
| 23 | 8s07 | 7s8 | 14s79 | 14s6 | 3mn31s10 | 9s69 | 9s5 | 35s20 | 35s0 | 1m26 | 1m94 | 3m81 | 8m72 | 7m29 | 17m06 | 18m46 | 19m41 | 35s32 | 35s2 | 23 |
| 22 | 8s16 | 7s9 | 15s00 | 14s7 | 3mn33s61 | 9s86 | 9s6 | 35s43 | 35s2 | 1m24 | 1m90 | 3m74 | 8m54 | 6m91 | 15m92 | 17m79 | 18m37 | 35s57 | 35s4 | 22 |
| 21 | 8s24 | 8s0 | 15s18 | 14s9 | 3mn36s40 | 10s03 | 9s8 | 35s65 | 35s4 | 1m21 | 1m87 | 3m67 | 8m40 | 6m62 | 15m33 | 17m11 | 17m29 | 35s78 | 35s6 | 21 |
| 20 | 8s33 | 8s1 | 15s37 | 15s1 | 3mn38s60 | 10s20 | 9s9 | 35s88 | 35s7 | 1m19 | 1m84 | 3m60 | 8m27 | 6m36 | 14m74 | 16m44 | 16m50 | 36s00 | 35s9 | 20 |
| 19 | 8s37 | | 15s52 | 15s2 | 3mn41s10 | 10s28 | 10s0 | 36s16 | 36s0 | 1m17 | 1m82 | 3m55 | 8m14 | 6m13 | 14m05 | 15m98 | 15m83 | 36s23 | 36s0 | 19 |
| 18 | 8s41 | 8s2 | 15s63 | 15s3 | 3mn43s00 | 10s37 | 10s1 | 36s44 | 36s3 | 1m16 | 1m79 | 3m51 | 8m04 | 5m92 | 13m65 | 15m53 | 15m41 | 36s39 | 36s1 | 18 |
| 17 | 8s45 | | 15s72 | 15s4 | 3mn45s00 | 10s45 | 10s2 | 36s72 | 36s6 | 1m15 | 1m78 | 3m47 | 7m96 | 5m81 | 13m38 | 15m07 | 15m27 | 36s57 | 36s3 | 17 |
| 16 | 8s49 | 8s3 | 15s81 | 15s5 | 3mn46s70 | 10s54 | 10s3 | 37s00 | 36s9 | 1m14 | 1m75 | 3m43 | 7m91 | 5m72 | 13m02 | 14m62 | 15m02 | 36s67 | 36s4 | 16 |
| 15 | 8s54 | | 15s86 | 15s6 | 3mn48s22 | 10s63 | 10s4 | 37s29 | 37s2 | 1m74 | 3m39 | 7m86 | 5m67 | 5m67 | 12m89 | 14m17 | 15m00 | 36s77 | 36s6 | 15 |
| 14 | 8s56 | | 15s91 | | 3mn49s32 | 10s68 | | 37s80 | 37s7 | 1m13 | 1m73 | 3m36 | 7m81 | 5m61 | 12m72 | 13m97 | 14m84 | 36s86 | 36s7 | 14 |
| 13 | 8s59 | 8s4 | 15s97 | 15s7 | 3mn50s42 | 10s73 | 10s5 | 38s32 | 38s2 | 1m72 | 3m34 | 7m77 | 5m59 | 5m59 | 12m56 | 13m77 | 14m75 | 36s96 | 36s8 | 13 |
| 12 | 8s61 | | 15s99 | | 3mn51s51 | 10s78 | | 38s84 | 38s7 | 1m12 | 1m70 | 3m32 | 7m78 | 5m54 | 12m39 | 13m57 | 14m66 | 37s05 | 36s9 | 12 |
| 11 | 8s64 | 8s5 | 16s02 | 15s8 | 3mn52s61 | 10s83 | 10s6 | 39s36 | 39s2 | 1m69 | 3m30 | 7m73 | 5m50 | 5m50 | 12m23 | 13m37 | 14m56 | 37s15 | 37s0 | 11 |
| 10 | 8s67 | | 16s07 | | 3mn53s71 | 10s88 | 10s7 | 39s88 | 39s7 | 1m11 | 1m67 | 3m28 | 7m68 | 5m52 | 12m07 | 13m18 | 14m28 | 37s25 | 37s1 | 10 |
| 9 | 8s70 | | 16s12 | 15s9 | 3mn55s19 | 10s94 | 10s8 | 40s45 | 40s2 | 1m64 | 3m25 | 7m64 | 5m46 | 5m46 | 11m89 | 12m95 | 13m90 | 37s36 | 37s2 | 9 |
| 8 | 8s73 | 8s6 | 16s21 | 16s0 | 3mn56s67 | 11s00 | 10s9 | 41s03 | 40s8 | 1m10 | 1m61 | 3m23 | 7m60 | 5m36 | 11m72 | 12m72 | 13m34 | 37s48 | 37s3 | 8 |
| 7 | 8s77 | | 16s33 | 16s1 | 3mn58s15 | 11s07 | 11s0 | 41s60 | 41s4 | 1m08 | 1m58 | 3m20 | 7m50 | 5m22 | 11m54 | 12m49 | 12m68 | 37s60 | 37s4 | 7 |
| 6 | 8s80 | 8s7 | 16s40 | 16s2 | 4mn01s10 | 11s13 | 11s1 | 42s18 | 42s0 | 1m07 | 1m54 | 3m18 | 7m42 | 5m16 | 11m37 | 12m26 | 11m93 | 37s79 | 37s5 | 6 |
| 5 | 8s84 | | 16s58 | 16s3 | 4mn04s80 | 11s20 | 11s2 | 42s76 | 42s6 | 1m06 | 1m51 | 3m16 | 7m29 | 4m97 | 10m83 | 11m60 | 11m03 | 38s03 | 37s7 | 5 |
| 4 | 8s99 | 8s8 | 16s78 | 16s5 | 4mn10s00 | 11s43 | 11s3 | 43s14 | 43s0 | 1m04 | 1m46 | 3m04 | 7m12 | 4m79 | 10m29 | 10m93 | 10m33 | 38s33 | 38s2 | 4 |
| 3 | 9s14 | 8s9 | 17s10 | 16s8 | 4mn16s75 | 11s67 | 11s4 | 43s52 | 43s4 | 1m03 | 1m42 | 2m93 | 6m90 | 4m64 | 9m79 | 10m28 | 9m58 | 38s82 | 38s7 | 3 |
| 2 | 9s29 | 9s1 | 17s42 | 17s1 | 4mn24s57 | 11s90 | 11s6 | 43s90 | 43s8 | 1m00 | 1m37 | 2m81 | 6m65 | 4m41 | 9m27 | 9m40 | 9m15 | 39s31 | 39s2 | 2 |
| 1 | | | | | | | | | | | | | | | | | | | | 1 |

Toute performance inférieure à la cote 2 obtiendra 1 pt